

## Timeline and Process

Applications for the Chaplaincy Preparation Program at Josephine can be requested through Rev. Eileen Burdick who serves as the Spiritual Care Director at Josephine. The contact information is listed below.

The timeframe for the process is as follows:

**November 14, 2022** – Deadline for applications

**November 15-18, 2022** – Interviews

**November 21, 2022** – Notification to applicants

**December 2022** – General volunteer training (1 session of 2 hrs. via Zoom)

**January 4, 2023** – Beginning of program

**September 20, 2023** – Completion of program

The cohort will consist of 4-6 chaplains. Since this is a volunteer position there will be no financial compensation, but you will receive ongoing recognition and gratitude for your valuable contributions to the emotional and spiritual wellbeing of our residents.

## Contact Us

Thank you for your interest in the Chaplaincy Preparation Program at Josephine. If you have any questions or would like to receive an application, please contact:

Rev. Eileen Burdick MDiv, BCC

Spiritual Care Director

Josephine Caring Community

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# Chaplaincy Preparation Program at Josephine



**JOSEPHINE CARING COMMUNITY**

Spiritual Care Department

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## Experiential/Clinical Learning

Josephine’s residents live in nursing care, senior living, transitional rehab, memory care and home health settings. Each chaplain will be assigned 8 residents with the expectation to make at least one visit a month with each resident throughout the program.

## Ongoing Support

Upon completion of the Chaplaincy Preparation Program, the chaplain will attend monthly Zoom meetings for ongoing encouragement, support, and recognition:

- Personal Check-in
- Q&A
- Ongoing education
- Resources
- Recognition

The ongoing hope is that the chaplain can continue with a caseload of 8 residents with visits at least once a month. This caseload can be reduced or increased per the chaplain’s preference.



## Supervision and Schedule



Experienced supervisors Joan Jolly, Liz Gimmestad, and Jillinda Bossen will be providing education and support for the chaplains through group gatherings and individual consultation. Joan and Liz supervised the 2022 Chaplaincy Program at Josephine and they each have over 25-years of Stephen Ministry leadership experience as well as 10-years of Clinical Pastoral Education (CPE) experience. Jill established a 40-year career as a nurse specializing in staff development and training and 6 years of CPE education. They will encourage personal learning and growth for the chaplains and will be available for support to each individual throughout the program.

During the 9-month program, the chaplains will fully participate in the following schedule:

- 2-hour Zoom group meetings twice a month from 6:30-8:30pm on Wednesdays
- 8 resident visits a month
- 1-hour Zoom supervision meeting a month

**Anticipate dedicating appx. 11 hrs/month to the program through these commitments.**

## Educational Topics Sample

- Self-reflection and self-awareness
- Facility context/care and interdisciplinary team
- Spiritual care with dementia residents
- Trauma-informed care

# Overview

## Josephine Caring Community



Josephine is a caregiving community for all generations. We are an ever growing, ever changing, successful ministry serving thousands of individuals and families since establishment in 1908. We believe everyone has the power to make a difference when we lend a heart or a hand to support one another.

## Spiritual Care Department



As a caregiving community for all generations, Josephine's Spiritual Care Department is rooted in God's love and exists to support all residents and staff emotionally and spiritually by honoring and their diverse perspectives, values, traditions, stories and needs.

## Chaplaincy Preparation Program



Volunteer chaplains are essential in providing a high quality of specialized care. In preparation for this role, a 9-month educational & experiential program is presented by experienced instructors.

# Chaplaincy Preparation

## Chaplaincy Philosophy

Chaplains are a member of an interdisciplinary care team who collaborate with residents, staff and families to assess emotional and spiritual needs, honor each individual's unique life perspective, and nurture the spiritual resources that have sustained each person throughout their life.

Many residents describe themselves as “spiritual but not religious” and do not affiliate with a specific tradition yet acknowledge a higher power in their lives. ***Chaplains do not impose spiritual or religious perspectives but rather honor each person's values and beliefs.*** Chaplains listen and affirm what brings meaning to a resident's life through conversation and an open-minded presence to help navigate loss, grief, and relationship issues, as well as nurture a sense of meaning, hope, and peace.

If a faith tradition is meaningful for a resident, the chaplain supports the resident in ways that are appropriate to their spirituality whether by sharing prayer, reading sacred texts, or leading worship as well as extending important reflective listening. If specialized support from a specific faith tradition is requested, the chaplain will connect with churches, indigenous communities, synagogues, temples, and mosques to facilitate that support.

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*Honor each individual's unique life perspective*

## Learning Objectives

To prepare volunteers to serve as chaplains at Josephine, a 9-month program is required to create a cohort who can provide excellent emotional and spiritual care specifically to residents. Three critical components comprise this program with the following objectives.

### **FORMATION**

Develop awareness of identity as a chaplain and how one's attitudes, values, assumptions, strengths and weaknesses affect one's chaplaincy care.

### **COMPETENCE**

- Develop awareness and understanding of how social conditions, systems, and structures impact chaplaincy care.
- Develop the skills to provide intensive and extensive care and counseling in diverse situations including with residents who are experiencing dementia on a progressive spectrum.
- Develop the ability to discern how one's religious heritage, theological understanding, and knowledge of behavioral sciences can be appropriately applied to chaplaincy care.
- Develop the ability to function within and contribute to a multidisciplinary healthcare team.

### **REFLECTION**

Apply the clinical method of learning and utilize supervision for personal growth.